

# LANARK COUNTY

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## Therapeutic Riding Program

### TR Heroes

January 2020

*Featuring the People and Horses Who Make a Difference*

It takes so many hands and hearts to have a successful therapeutic riding program. During a session, you may see administrators, instructors, horse handlers, side walkers, horse care specialists, people cleaning tack, people building and maintaining infrastructure and so much more. But there are also those who work behind the scenes, those who help out in less visible ways without much recognition. They are also TR Heroes.



Kim and her daughter Erika at the LCTRP Annual Boot Drive

January's hero, Kim Mann, is one of those people. "We truly appreciate Kim's quiet contribution to our program," says Head Instructor Maria Hofbauer. "If we are short of volunteers to lead horses, we call on Kim. If we need assistance with preparing for lessons, we call on Kim. Even when we need a first aid product that is not in our kits the first person we go to is Kim. She is almost always there and always ready to help."

"Kim is a giver," says TR Program Administrator Amy Booth. "I met her through her volunteer work at Lanark County Interval House. When I told her about therapeutic riding, she wanted to help us too. She even recruits her kids to help with fund raising and lessons. One of her biggest contributions though is providing a forever home for two of our former TR Horses, My Boy and Jeffrey."

Kim says she helps out as much as she can for many reasons: "I help for the volunteers and trainers who are so committed to making each class special and unique; for the horses who work rain or shine without argument; for the family members who have so much to deal with on a daily basis but show up with smiles and words of encouragement; and most of all for the clients who are so diverse and so happy to be with the horses."

Kim says she gets as much as she gives to the therapeutic riding program: "It's rewarding to see the clients and watch them grow with the program. Also, 2 horses later, I have learned that it's therapeutic for everyone to spend time with horses."

Would you like to see how horses change lives? Please consider volunteering for the program. Whether you want to work with horses or in some other capacity, we welcome the contribution of your time. We can be found at [www.therapeuticriding.ca](http://www.therapeuticriding.ca), on Facebook, and by calling our Program Administrator Amy at 613-257-7121 extension 3238.