

# LANARK COUNTY

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## Therapeutic Riding Program

**TR Heroes**  
**June 2019**

*Featuring the People and Horses Who Make a Difference*



June's TR Hero is a horse. His name is Syrus. Syrus is a 13 year old gelding who has been with the program since 2014. At 15.1 hands (61 inches), "Sy Guy" is one of the taller horses in the program and is favoured by many of our taller riders.

Syrus is a purebred Canadian Horse. The Canadian breed was recognized by Parliament as Canada's national horse in 1909 and the breed got its own Act of Parliament in 2002. Canadians are known for their strength, endurance, intelligence and good temper. This makes them a good fit with Therapeutic Riding. The Lanark County Therapeutic Riding Program has two Canadians in the program.

Syrus has an energetic and playful personality, but also takes very good care of his riders. He is a favourite of many, but is especially loved by Jalynn. Jalynn chooses Syrus as her partner whenever she has the chance. "Sy Sy", as she calls him, makes her eyes sparkle just a little more and makes her smile just a little bigger. If you ask Jalynn why Syrus is her favourite, her answer is: "I have been riding Syrus for a long time. He understands me. He loves to trot and so do I."



If you asked Syrus what he likes best about his TR lessons, we are sure he will tell you that he likes walking on the trails with his riders and he especially likes treat time at the end of each lesson.

Would you like to meet Syrus and the other TR horses? Please consider volunteering for the program. We will make sure you have the training you need to help our horses change lives. We can be found at [www.therapeuticriding.ca](http://www.therapeuticriding.ca), on Facebook, and by calling our Program Administrator Amy at 613-257-7121 extension 3238.

*For more than 30 years, the Lanark County Therapeutic Riding Program has operated under the umbrella of Lanark Community Programs which is part of Lanark Renfrew Health and Community Services. This valuable program provides a holistic approach to therapy, rehabilitation and recreation by giving individuals the opportunity to experience the freedom of movement astride a horse.*